

| lfd. Nr. | Name | Vorname | Verein | AK | Pl | Strecke | Zeit |
|----------|-------------|---------------|------------------|-----|----|---------|---------|
| 1 | Friese | Jan | ASV Erfurt | M10 | 1 | 1km | 04:50,0 |
| 2 | Lettau | Alfred | ELAC | M10 | 2 | 1km | 04:58,0 |
| 3 | Schütz | Levi | ASV Erfurt | M10 | 3 | 1km | 05:30,0 |
| 4 | Meng | Lio | ASV Erfurt | M10 | 4 | 1km | 05:33,0 |
| 5 | Mattuschika | Luca | Rhöner WSV | M11 | 1 | 1km | 04:25,0 |
| 6 | Röske | Noah | Rhöner WSV | M11 | 2 | 1km | 04:43,0 |
| 7 | Alband | Bent | ASV Erfurt | M11 | 3 | 1km | 05:17,0 |
| 8 | Beinhorn | Linus | ASV Erfurt | M11 | 4 | 1km | 05:28,0 |
| 9 | Gauder | Darin | ASV Erfurt | M5 | 1 | 1km | 07:02,0 |
| 10 | Wiedenhöft | Jonah | ASV Erfurt | M5 | 2 | 1km | 07:33,0 |
| 11 | Rösner | Tamo | ASV Erfurt | M6 | 1 | 1km | 09:35,0 |
| 12 | Gauder | Leonas | ASV Erfurt | M7 | 1 | 1km | 06:00,0 |
| 13 | Peterseim | Marlon | ASV Erfurt | M8 | 1 | 1km | 06:15,0 |
| 14 | Gießler | Theodor | ASV Erfurt | M8 | 2 | 1km | 06:50,0 |
| 15 | Kuhrke | Balder Yannes | LTV Erfurt | M8 | 3 | 1km | 07:12,0 |
| 16 | Wedemann | Rufus | ASV Erfurt | M8 | 3 | 1km | 07:12,0 |
| 17 | Lerch | Alfons | ASV Erfurt | M8 | 5 | 1km | 08:05,0 |
| 18 | Kuhrke | Vidar Rene | LTV Erfurt | M8 | 6 | 1km | 08:06,0 |
| 19 | Bamberg | Leon | ASV Erfurt | M8 | 7 | 1km | 08:15,0 |
| 20 | Knappe | Richard | LSV 1981 Ilmenau | M9 | 1 | 1km | 04:56,0 |
| 21 | Seifert | Tobias | ASV Erfurt | M9 | 2 | 1km | 05:05,0 |
| 22 | Obluda | Tom | ASV Erfurt | M9 | 3 | 1km | 05:32,0 |
| 23 | Laage | Karl | ASV Erfurt | M9 | 4 | 1km | 05:53,0 |
| 24 | Strauch | Thorin Henri | ASV Erfurt | M9 | 5 | 1km | 06:30,0 |
| 25 | Florczak | Fabian | ASV Erfurt | M9 | 6 | 1km | 06:41,0 |
| 26 | Langner | Freerik | ASV Erfurt | M9 | 7 | 1km | 07:19,0 |
| 27 | Günther | Julian | ASV Erfurt | M9 | 8 | 1km | 07:54,0 |
| 28 | Knappe | Emilia | LSV 1981 Ilmenau | W10 | 1 | 1km | 04:44,0 |
| 29 | Langner | Charlotte | ASV Erfurt | W10 | 2 | 1km | 05:17,0 |
| 30 | Neusel | Ilona | Rhöner WSV | W10 | 3 | 1km | 05:27,0 |
| 31 | Gau | Greta | ASV Erfurt | W10 | 4 | 1km | 05:33,0 |
| 32 | Brenneiser | Lotta | ASV Erfurt | W10 | 5 | 1km | 05:41,0 |
| 33 | Costanzo | Felizitas | ASV Erfurt | W10 | 6 | 1km | 06:48,0 |
| 34 | Kühn | Anna | ASV Erfurt | W10 | 7 | 1km | 07:02,0 |
| 35 | Hermann | Lara | Rhöner WSV | W11 | 1 | 1km | 05:03,0 |
| 36 | Tiede | Maya | ESC Erfurt | W11 | 2 | 1km | 05:08,0 |
| 37 | Bartels | Anna | ASV Erfurt | W11 | 3 | 1km | 05:15,0 |
| 38 | Bamberg | Mia | ASV Erfurt | W11 | 4 | 1km | 05:23,0 |
| 39 | Behrendt | Lina | ASV Erfurt | W11 | 5 | 1km | 05:28,0 |
| 40 | Grosch | Anna | ASV Erfurt | W11 | 6 | 1km | 05:56,0 |
| 41 | Kuhrke | Freyja Denise | LTV Erfurt | W11 | 7 | 1km | 06:05,0 |

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|----|--------------|-------------|-----------------------------|-----|---|-----|---------|
| 42 | Leopold | Wilma | ASV Erfurt | W7 | 1 | 1km | 05:28,0 |
| 43 | Tröbs | Stella | ASV Erfurt | W8 | 1 | 1km | 05:41,0 |
| 44 | Leukefeld | Valeria | ASV Erfurt | W8 | 2 | 1km | 06:11,0 |
| 45 | Kornagel | Charlotte | ASV Erfurt | W8 | 3 | 1km | 06:31,0 |
| 46 | Auerbach | Liah | ASV Erfurt | W8 | 4 | 1km | 06:52,0 |
| 47 | Jahn | Amelie | ASV Erfurt | W9 | 1 | 1km | 05:09,0 |
| 48 | Fabritius | Mariella | ASV Erfurt | W9 | 2 | 1km | 05:28,0 |
| 49 | Heller | Caroline | ASV Erfurt | W9 | 3 | 1km | 06:10,0 |
| 50 | Hillhof | Lina | THC | W9 | 3 | 1km | 06:10,0 |
| 51 | Lettau | Oskar | ELAC | M12 | 1 | 2km | 09:11,0 |
| 52 | Schilling | Arjen | ASV Erfurt | M12 | 2 | 2km | 09:27,0 |
| 53 | Ruhle | Kai | ASV Erfurt | M12 | 3 | 2km | 09:41,0 |
| 54 | Nikischin | Daniil | ASV Erfurt | M12 | 4 | 2km | 10:36,0 |
| 55 | Rosales Apel | Luka | ASV Erfurt | M12 | 5 | 2km | 10:38,0 |
| 56 | Kleineberg | Jonte | ASV Erfurt | M12 | 6 | 2km | 10:43,0 |
| 57 | Herrmann | Jesper | ASV Erfurt | M12 | 7 | 2km | 10:44,0 |
| 58 | Günther | Jan | Erfurt | M12 | 8 | 2km | 11:55,0 |
| 59 | Stock | Henry | ASV Erfurt | M12 | 9 | 2km | 12:31,0 |
| 60 | Winkelmann | Henri | ASV Erfurt | M13 | 1 | 2km | 10:52,0 |
| 61 | Betzold | Emilia | ASV Erfurt | W12 | 1 | 2km | 09:11,0 |
| 62 | Neusel | Alisa | Rhöner WSV | W12 | 2 | 2km | 10:16,0 |
| 63 | Leukefeld | Fiona | ASV Erfurt | W12 | 3 | 2km | 10:17,0 |
| 64 | Staffa | Emma | SSV Erfurt Nord | W12 | 4 | 2km | 11:21,0 |
| 65 | Nikischin | Viktoria | ASV Erfurt | W12 | 5 | 2km | 12:47,0 |
| 66 | Trubjansky | Julia | SSV Erfurt Nord | W13 | 1 | 2km | 10:16,0 |
| 67 | Steinicke | Penelope | ASV Erfurt | W13 | 2 | 2km | 10:59,0 |
| 68 | Seifert | Elena | ASV Erfurt | W13 | 3 | 2km | 11:06,0 |
| 69 | Gebauerr | Franziska | | Fr | 1 | 3km | 21:22,0 |
| 70 | Benett | Svea | | Fr | 2 | 3km | 22:32,0 |
| 71 | Karolic | Karolina | | Fr | 3 | 3km | 22:33,0 |
| 72 | Simon | Hannes | MSC Gräfentonna | M15 | 1 | 3km | 18:49,0 |
| 73 | Litz | Katharina | SCC Berlin | Fr | 1 | 8km | 39:45,0 |
| 74 | Enders | Rene | Weidatalcross e.V. | M35 | 1 | 8km | 41:01,0 |
| 75 | Nöll | Matthias | Pace Maker | M35 | 2 | 8km | 46:50,0 |
| 76 | Dittrich | Thomas | Pace Maker | M35 | 3 | 8km | 48:04,0 |
| 77 | Jalilian | Meymanat | | M35 | 4 | 8km | 49:08,0 |
| 78 | Durdasiak | Piotr | | M35 | 5 | 8km | 50:16,0 |
| 79 | Bumann | Sebastian | Pace Maker | M35 | 6 | 8km | 58:10,0 |
| 80 | Lohrengel | Christian | Team Jesus | M40 | 1 | 8km | 38:00,0 |
| 81 | Heym | Andreas | Edeka Team Erfurt | M45 | 1 | 8km | 47:01,0 |
| 82 | Ohlhorst | Frank | Erdinger Active Team | M60 | 1 | 8km | 44:26,0 |
| 83 | Apel | Linus | ASG-Schulsportverein Erfurt | U18 | 1 | 8km | 36:35,0 |
| 84 | Eichel | Ann Kathrin | | W45 | 1 | 8km | 50:16,0 |